

TRACTION

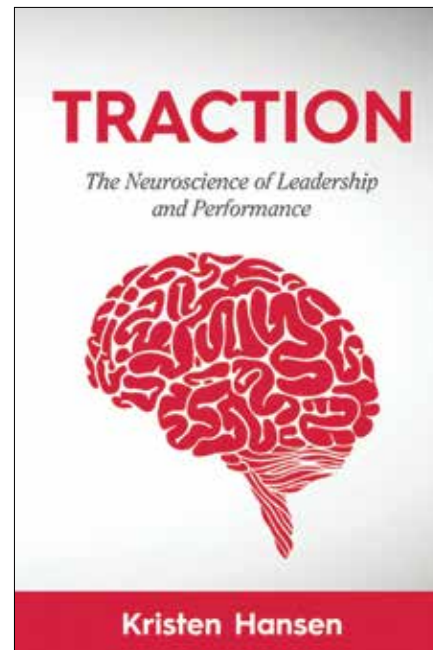
By Kristen Hansen

Kristen Hansen has completed Post Graduate studies in Neuroscience of Leadership and 20 years of management roles with major companies. In this book Hansen provides a way to change the way you think to improve decision making, cultivate greater resilience, motivate teams and foster adaptivity and greater engagement.

Based on the NeuroTREADTM Model - how to think, regulate, engage, adapt and develop with the brain in mind - *Traction* provides the framework to transform managers into agile leaders of change and performance.

Drawing upon experience helping over 7000 managers across various industries, Kristen shows readers how to:

- Discover an easy 30-second circuit breaker to reset when under pressure;
- Develop valuable tools to get your brain performing at its peak for longer;
- Understand emotion contagion and how to motivate high performance in individuals;
- Explore why leading change is hard and how to become an adaptive leader and
- Learn how to have better conversations through a brain-based coaching approach.

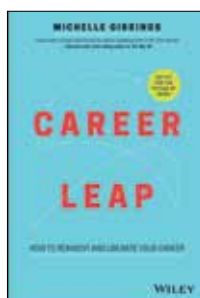


STORYSHOWING

by Sam Cawthorn

If you would like to motivate and inspire others, authentically connect with your audience or become a more influential communicator

Storyshowing may be the book you need. Sam Cawthorn believes that every story should have three fundamental components: credibility, conviction and authenticity. Sam's book is easy to read and will help you to use your experiences and emotions as tools to build a connection with your audience. Full of practical tips on structuring your story, body language, gestures, breathing and more. This book will help you to take your storytelling from average to outstanding.



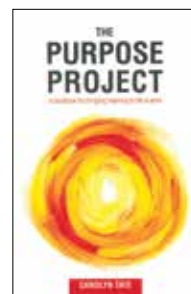
CAREER LEAP

by Michelle Gibbings

In *Career Leap* – How to reinvent and Liberate your Career, Michelle Gibbings guides

the reader through a practical 4-phase Career Reinvention Cycle to ensure success, from a small step to a new career direction.

The open workbook style with the career checkpoints, allows the reader to navigate and assess the status quo of their current job situation and to determine if it is the right career path or whether a career leap into a different direction would be more a more suitable path to follow.



THE PURPOSE PROJECT

by Carolyn Tate

A must read guide *The Purpose Project - A Handbook for Bringing Meaning to Life at Work* is a

practical 'how-to' handbook for leaders and employees who are committed to unearthing both organisational and personal purpose, or the "BYO Purpose" in the workplace. The book explores the question of why a higher purpose than profit is an imperative in the business world today; and how to become a *Practitioner of Purpose* through 12 practices such as finding courage, curiosity, creativity and re-learning we can assimilate our personal work purpose with the higher purpose of our organisation.